

Newsletter
September 2009

St Luke's
EPISCOPAL CHURCH



A church for all people

*R*eturning

I recently watched one of my all-time favorite movies, *On Golden Pond*. It's a movie about the seasons of life, of relationships strained and renewed, and of learning to deal with the real. The film opens with Henry Fonda and Katharine Hepburn opening up their New England summer cabin at the beginning of the season and ends with them closing it down and returning home for the autumn. The summer-time brings them great gifts of wonder, joy, laughter, and renewed love, as well as a growing understanding of their failing bodies and the frailty of human life. The summer ends, and the film ends, with their return to the real.

Having grown up in a family that moved to the lake for the summer-time, that rhythm of opening expectation and ending return is deep in my consciousness. For me, summer is a special time—an easier pace, more time out-of-doors, some vacation, and time of renewal and deep rest. A part of me fights autumn's return. I suppose it's human to want to live life in the heyday of excitement and enthusiasm, in the peak experiences of life. Here we forge new frontiers, see new possibility, dream big dreams.

Psychologist James Hillman and spiritual writer, Thomas Moore distinguish these seasons of the spirit as spirit (summer) and soul (autumn/winter). What is learned by the spirit is taken deeply into the soul ... into the real of our lives.

Autumn's return will soon be upon us and

Inside

- *Next Dates for the Sacrament of Baptism*
- *Martha and Mary's Pantry*
- *Education News*
- *Homecoming Sunday*

Service and Program Schedule*Sunday* (beginning September 13)

Holy Eucharist	Nave	8:00 AM
Holy Eucharist	Nave	10:30 AM
Godly Play	St. Timothy's Chapel	10:30 AM
Childcare Nursery	Pritchard Hall	9 AM-12 noon

Wednesday

Vesper Mass	Nave	6 PM
-------------	------	------

Staff

Denise Bamba	Childcare Attendant	253-254-3530
Kevin D. Pearson	Rector	425-255-3323
	Pastoral Emergency	206-954-1026
Rich Pellegrin	Director of Music	330-671-3773
German Vergara	Administrator	425-894-4411

Office Hours

Tuesday, Wednesday, Thursday 1 PM-5 PM

Fr. Kevin is available for appointments Tuesday through Thursday

Vestry and Officers

Linda Bakan	Endowment	Kate Martin	Treasurer
Chris Cornuelle		Lynette Mwaniki	Parish Life
Phil Cummings	Stewardship:	Kevin Pearson	Rector
	Endowment	Billy Ray	Evangelism
	Finance	Dan Springer	Junior Warden
Nicole Freutel	Senior Warden		B & G
	Parish Life	Soren Sorenson	Evangelism
	Education	Julie Stormes	Clerk
Virginia Herrera	Parish Life	Karen Uitting	B & G
Sarah Lorenzen	Parish Life		

we will, inevitably, return. Letting go of summer is part of the struggle that must be as we return to our souls—to grow in soul. St. Luke's motto, before *A Church for All People*, was *A Church for All Seasons*. And that's true too. I hope your return is sweet and brings you deeper into the real of life.

Fr. Kevin

Are you thinking of becoming a member of St. Luke's Church?

Membership in an Episcopal Church means that your baptism is recorded on the parish roles of a local parish church. According to the canons (laws) of the church, members 16 years and older are expected, after a period of instruction, to be confirmed. So membership means being prepared for baptism and baptized. If you have already been baptized in this or another Christian faith tradition, you need to indicate your desire for membership and we will record your baptism here. If your membership is held in another Episcopal Church, we simply conduct a transfer of membership.

Membership allows parishioners to vote at the parish's annual meeting and serve in capacities where membership is required. Membership is also a commitment and a step deeper into the common life of faith at St. Luke's.

Fr. Kevin

Next Dates for the Sacrament of Baptism

We normally celebrate the sacrament of Baptism in the Episcopal Church on principle feast days particularly appropriate to baptism. The next such opportunity will be on All Saints Sunday, November 1st. Please contact me if you are considering baptism for yourself or a child so we can arrange for your preparation.

Fr. Kevin

*M*artha and Mary's Pantry



Luke 10:38-42 – As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. She had a sister called Mary, who sat at the Lord's feet listening to what he said. But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!"

"Martha, Martha," the Lord answered, "You are worried and upset about many things, but only one thing is needed. Mary has chosen what is better, and it will not be taken away from her."

Sisters and Brothers in Christ, Welcome to Martha & Mary's Pantry:

There are times in everyone's life when they need a little help and some comforting. This is especially true when there is loss and distress, such as an acute illness or a death in the family. It is during these times our faith community has the opportunity to strengthen our bonds, lend a helping hand, and provide a shoulder to lean on. It is with this in mind that we would like

to organize a new disappearing taskforce at St. Lukes - Martha and Mary's Pantry. This may fall under the umbrella of an existing committee such as Parish Life. We will neither need a budget nor requests for funds from the vestry. Martha and Mary's Pantry will not be a physical space, rather an opening of our hearts to serve others in their time of need. This is not another committee, we have enough of those, and we will not be meeting on a regular basis. Rather a disappearing taskforce that quickly organizes and functions for a short period of time, responding to the needs of our parish community – providing meals, transportation, supplies, etc.

What we would like to know is if there is sufficient interest in providing meals to the sick, injured, and family of a loved one who recently passed. During these times, we all need assistance and sometimes cannot see how help and compassion from our parish family we know and love can sooth our souls. This can be both healing and bonding for all involved and strengthens our communal spirit. It is with this in mind that we would like to know if you and your family are interested in channeling the spirit of Martha and Mary; providing for the physical and logistical needs of those in our parish during a time of personal loss. The intention is to provide evening meals every day for a week to whoever is in need. This could be flexible, a longer or shorter period, depending on the situation. Sometimes a friendly familiar face is needed most to provide comfort for those who are grieving. In these times action in faith can provide what words cannot.

We would like to create a register of those willing to provide meals, transportation, and/or lend some other form of support for a short period of time to those in need. I would like to extend a special thank you to all who have answered this call in the past. You hold a special place in my heart and I know you are truly blessed with God's loving spirit. If you are of the mind, heart, and talent to put your inner Martha and Mary to

work in this taskforce let's put our aprons on and be at the ready.

What talent are you willing to lend?

- Meal preparation
- Meal delivery
- Transportation
- Companionship
- Prayer

Something else we have not thought of to this point

Please provide your name and the best way to contact you when Martha and Mary's Pantry is called to action. Again the taskforce is not a physical place rather the space in each of our hearts where we act in Christian love and empathy. God bless.

You're Brother in Christ,

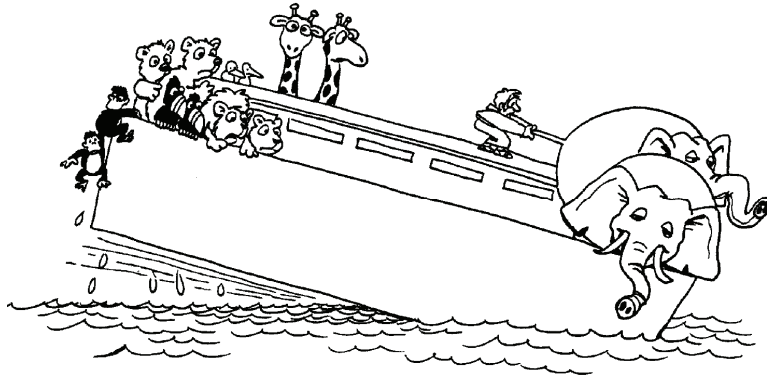
Patrick Orth

Send e-mails to marthaandmaryspantry@comcast.net or call Patrick's cell at (206) 931-5720.

Homecoming Sunday

Our annual Homecoming celebration is coming up on September 13th. That is the day that church school resumes and we return to our normal worship schedule of 8 am and 10:30 am liturgies. After the 1030 liturgy there will be a pot-luck brunch for coffee hour. Please come and join in the celebration.

Education News



Homecoming is nearly upon us! Those seemingly endless days of summer are counting down and soon we'll be starting a brand new year of Godly Play. We're making some exciting changes to our children's program this year – most significantly, our preschoolers are getting their very own classroom! St. Tim's has been a marvelous home to our Godly Play program for the last 3 years, but now we're starting to get a bit crowded as the three to five set continues to join our circle. It's time for them to have their own space! To that end, Pritchard Hall's room 3 is being transformed into our new preschool classroom. Please check the media center (guild hall) for announcements & updates about upcoming training opportunities, the Godly Play kick-off event, and a wish list for our new room. Thank you!

For those of you who are not familiar with this program, 'Godly Play teaches children the art of using religious language - parable, sacred story, silence and liturgical action - helping them become more fully aware of the mystery of God's presence in their lives'. It's an amazing way of teach people where they fit in the continuing conversation. If you have a calling to participate (regardless of whether or not you have a child in the

program) please contact Niki Freutel at
nik_freutel@yahoo.com

Niki Freutel

Work Party

Your Buildings & Grounds Committee invites you to participate in a work party in advance of Homecoming Sunday. We will meet on Saturday, September 12, from 10 am – 2 pm. Please come in your work clothes ready to weed, clean, paint, and other duties.

Karen Uitting

St. Luke's Sermons on the Web

Over the last months we have been working regularly to post St. Luke's sermons on our website in an .mp3 format that allow visitors to our site to listen to the sermon or to download sermons for later listening. We hope to have this service consistently available soon, but many past sermons are currently available for your listening and/or reading pleasure.

ARISE is offering you an opportunity to show off your cooking skills.

We are supporting (making and serving meals) for the homeless men of ARISE from Sept 1 thru Sept 7, which includes the Labor Day Weekend. So if you are in town we'd love to have you pitch in and be on one of the teams preparing and serving the meals over at the Salvation Army. If you are willing to make a dish or two, help make sandwiches in the afternoons, stir up a batch of cookies or make a giant salad please call Sally Cummings, I can fit you into a day with other St.

Lukers to do our bit for the community. Suggested items we would like to provide will include jello salad, lentil soup, garlic breads, homemade pizza, freshly picked blackberry cobbler and any other special items you would like to fix.

And, if you can't help in person, a financial assist is always welcome. Thanks to all who are scheduled for a day already and thanks to you who will be calling to volunteer for this most important outreach effort. Contact Sally at sckat4@msn.com or (425) 228-1871.

Sally Cummings

Your Donations to Renton's Food Bank

Through your weekly donations of canned goods placed in the Salvation Army barrel at the entrance to the church and from the produce of our garden, St. Luke's has given over a ton of food (actually 2,288 lbs) to Renton's Salvation Army/Renton Rotary Food Bank thus far in 2009. Thank-you to Niki Freutel who has overseen this effort and to all of you who have made donations and worked in the garden to produce this great result.

Coffee Hour Chart

We have a lot of openings for people to provide hospitality for our coffee hour after church. Please sign up for this important ministry of hospitality. You need not put on a lavish display of culinary delights, putting on the coffee and supplying some cut-up veggies and/or cookies are welcome. The sign-up chart is located in the Guild Hall.

Treasurer's Report.

In an effort to keep the parish informed about our parish finances, we provide a brief report in each *Newsletter*. If you have further questions you may contact our Treasurer, Kate Martin k8martinwa@yahoo.com, 206-919-6212, or Phil Cummings disastergold@comcast.net, 206-353-3908. Please note that monthly expenses are budgeted at 1/12 of the total year's expenses, though costs are rarely uniform each month. Some variance is to be expected.

Annual Budget	197,409.00
July Income	14,633.00
July Expenses	20,207.00

Our general financial picture remains satisfactory, provided we make up for pledges that have fallen behind.

Phil Cummings, Assistant Treasurer

Black Nativity 2009

The African-American Committee of the Diocese of Olympia invites you to a performance of the Black Nativity: A Gospel Song Play by Langston Hughes and to a reception celebrating the ministry of Bishop "Nedi" Rivera, on December 12th. The reception starts at 12:45 pm and the performance at 12:00 pm. Both are at the Intiman Theater (on the grounds of the Seattle Center).

Ticket prices:

- *Diamond Level:* \$500 (free parking, reception/ lunch and performance)
- *Platinum Level:* \$150 (free parking, reception/

- lunch and performance)
- *Gold Level:* \$100 (reception/lunch and performance)
- *Silver Level:* \$50 (reception/lunch and performance)
- *Student:* \$25 (reception/lunch and performance)

Free bus transportation with limited space is available on a first-come-serve basis from Pierce County.

Proceeds from this celebration will support a Rev. Richard Younge Curacy Fund for Persons of Color. All donations are welcome. For tickets or additional information please contact Sue Reid 206-325-4200 sreid@ecww.org.



Congratulations Ola and John! Married at St. Luke's Church on July 3rd.

September Birthdays



09/02	Daniel Crayne
09/12	Mary Ann Anthony
09/13	Margaret Sebelist
09/18	KC Cummings
09/19	Dan Springer
09/21	Betty Tierney
09/21	Betty Lundstrom
09/27	Julie Abraham

*If your birthday isn't listed, please help us update our records.
Call the parish office at 425-255-3323.*

St. Luke's Episcopal Church

September 2009

September 2009							October 2009						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5				1	2	3	
6	7	8	9	10	11	12	4	5	6	7	8	9	10
13	14	15	16	17	18	19	11	12	13	14	15	16	17
20	21	22	23	24	25	26	18	19	20	21	22	23	24
27	28	29	30				25	26	27	28	29	30	31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		September 1	2	3	4	5
		10:00am Lakeshore Service 7:00pm AA 7:00pm Alanon (Spanish)	6:00pm Vesper Mass 7:00pm Finance Comm 7:00pm PFLAG	7:30pm Alanon		10:00am Alanon 8:00pm 12-Step Program
6	7	8	9	10	11	12
9:30am Holy Eucharist	7:00pm Alanon 7:00pm Buildings & Grounds	7:00pm AA 7:00pm Alanon (Spanish)	10:30am AIDS Care Managers 6:00pm Vesper Mass 6:30pm Vestry	7:30pm Alanon		10:00am Work Party 10:00am Alanon 8:00pm 12-Step Program
13	14	15	16	17	18	19
8:00am Holy Eucharist 9:00am Choir Rehearsal 10:30am Godly Play 10:30am Holy Eucharist 11:30am Homecoming Brunch	7:00pm Alanon	10:00am Lakeshore Service 7:00pm AA 7:00pm Alanon (Spanish)	6:00pm Vesper Mass	7:30pm Alanon		10:00am Alanon 8:00pm 12-Step Program
20	21	22	23	24	25	26
8:00am Holy Eucharist 9:00am Choir Rehearsal 10:30am Godly Play 10:30am Holy Eucharist	7:00pm Alanon	7:00pm AA 7:00pm Alanon (Spanish)	6:00pm Vesper Mass	7:30pm Alanon		10:00am Alanon 8:00pm 12-Step Program
27	28	29	30			
8:00am Holy Eucharist 9:00am Choir Rehearsal 10:30am Godly Play 10:30am Holy Eucharist	7:00pm Alanon	7:00pm AA 7:00pm Alanon (Spanish)	6:00pm Vesper Mass			